

The effect of parental group sleep education in young children with Down syndrome: The REST-Ed study

Would you like to learn more about your child's sleep?

If you live in Scotland and your child is aged 6 months to 5 years and has Down syndrome, we'd like to hear from you!



We are looking for families to volunteer to help us evaluate a parental education package to support children's sleep.

For more information, please get in touch:

Website: www.dsscotland.org.uk/blog/2022/02/23/rest-ed-study/

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