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## DS Scotland Comm*uniqué*

### Down's Syndrome Scotland E-Bulletin

#### Greetings!

Welcome to another issue of your favourite e-bulletin. We hope you managed to make the most of the sun and good weather. While the summer holiday might have ended, we have plenty of events, meetings and information to keep you active.

Remember - mark your diaries for the AGM Conference on 13 November. More information as well as the registration information will be posted [here](#) in the following weeks. Until we meet at the conference!

### Edinburgh and the Lothians AGM

Have your say and meet new people! Members and non-members in the Lothian area are encouraged to attend the branch AGM on 7 September hosted at the national office.



[>>Find out more](#)

### Facebook/Twitter

Down's Syndrome Scotland is now on Facebook and Twitter. Become a fan and follow us for the latest info and updates.



### Down's Syndrome Scotland vacancy



Are you:  
Creative, flexible and enthusiastic?  
Positive about children with Down's Syndrome?  
A great communicator with children and adults alike?

We are looking for two part-time ABC Group Co-workers who would lead groups of children with Down's syndrome and their adult supporters to improve communication skills.

[>>Application details](#)



## Links and Useful Information



We're currently doing some work on the website to bring you more information via a [links section](#) and a section on [useful information for families](#)

here you will find out about things from where to get financial help to recent medical developments concerning Down's syndrome.

## Save the Date!

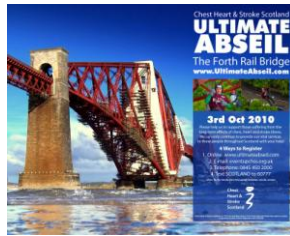


Check your calendars and mark your diaries for 13th November, 2010. We are hosting the 2010 AGM Conference that will bring a variety of world-class speakers.

[>>Find out more](#)

## Grampian Parent and Toddler Group

## Scale down the Forth Rail Bridge



If you, your friends or your family are looking for an adrenaline rush, think of representing us at the Chest Heart and Stroke Scotland's Ultimate Abseil event on 3 October! We reserved 15 spots for those interested in raising money for Down's Syndrome Scotland.

[>>Find out details and how to apply](#)

## Extra! Extra!

The Newsletter will soon be ready to be sent to all members starting in mid-September! Topics will range from lifestyle, family, education, health, research, news, events and much more. If you have not renewed your membership or are currently not a member and would like to receive our bi-annual newsletter please [become a member](#) before 10 September.



## Making your Way Through Life training courses



Two new courses are accepting applicants interested in joining the training courses. The Inverness-based "Taking Part in Meetings" starts late October and "Being Confident and Speaking Up" will be based in Aberdeen and begins late November.

Find out more information and how to reserve a spot in [Inverness](#) and [Aberdeen](#)

## Too Embarrassing to Talk About? Sexuality and Young People with Learning Disabilities conference

A free conference hosted by ENABLE in mid-September is aimed at parents with young people with learning disabilities. The





If you're in the Grampian area and are a parent of a child with Down's syndrome who's 5 years or under, pop over to the Parent and Toddler Group. There's fun for both parents and children, It's a great time to share experiences and stories and for the children to play.

[>>Find out more](#)

## Free Parent Workshops



Kindred, an organisation that works with families of children and young people with additional needs, is hosting four free parent workshops throughout late September in Midlothian and early October in Edinburgh.

[>>Find out more on our forthcoming news and events page.](#)

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conference will explore how parents deal with this transitional point in their child's life.

[>>Find out how to register](#)

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## Help @ Hand Event for young people leaving school



Do you know anyone who's leaving school and is learning to adjust to life after classes? The annual Help @ Hand in Perth brings together parents, young people and agencies that are ready to answer questions and offer information about this particular transition.

[>>Find out how to attend](#)

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If you have any queries or questions, please don't hesitate to get in touch. As always if you have anything you think other people should know about, please let us know and we'll do our best to get it out there!

All the team at Down's Syndrome Scotland

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